

OLYMPIC COMPETITION BARBELL



DIMENSIONS

Male 2200 mm x 74 mm x 74 mm
Female 2000 mm x 74 mm x 74 mm

WEIGHT

Male 20 kg
Female 15 kg

FEATURES

Composition: High quality steel alloy.
Color: Chrome plated on the sleeve and black oxide on the shaft.
Shaft:
Male 28 mm diameter
Female 25 mm diameter
Sleeve for bumpers:
Male 415 mm long and 49,8 mm diameter
Female 320 mm long and 49,8 mm diameter
Knurl: In diamond pattern on the sides with two marks for powerlifting and weightlifting.
Bearing: 8 high precision needle bearings.
Maximum capacity: 500 kg
PSI: 190,000
Versatile for all types of training.

FUNCTION

Olympic bars are used for weightlifting, powerlifting and strongman exercises.

MAINTENANCE

Cleaning: The cleaning of magnesium and dirt must be carried out according to its use, focusing especially on the application of a lubricating and anti-rust liquid. **Bearings:** Bearing lubrication should be carried out every 3 months. Other types of oils should not be used, which can clog the cylinders (needles) and cause malfunction.
Lifetime warranty against breakage of the bar shaft.

WARRANTY

Exclusion of guarantee: It cannot fall without weights. You cannot fall with weights on a rubber floor, or another floor or product for damping falls, less than 15mm. It must not be used outdoors. It should not be packed with weights. When proper cleaning and maintenance is not carried out as described in the maintenance point.